sinergie

We at Sinergie have taken a modern approach to Irish cookery. It's about forgotten flavours using time-honoured traditional cooking methods adding our own contemporary Sinergie twist...

To Start

Warm duck leg confit, duck mousse, baby potato salad & long beans.	€10.95
Caesar dressed baby cos lettuce, toasted pine nuts, wood smoked chicken & shaved parmesan.	€9.75
Traditional oak smoked salmon, toasted rye loaf, baby capers & lemon dressing.	€10.95
Vine ripe tomatoes, buffalo mozzarella, fresh garden greens & basil dressing.	€9.50
Warm grilled vegetable tartlet, goats cheese, sweet tomatoes & purple olive crush.	€8.75
Soup of the day, parsley cream.	€5.25
Frothy langoustine soup, aged cognac & white truffle cream.	€6.75

Mains

Pan seared maize fed chicken black pudding mash, pepper stew & ground mustard gravy.	€21.95
Roast medaillons of Irish beef garlic fried potatoes, smoked bacon & lentil casserole.	€26.95
Slow roasted monkfish tails liquorish risotto, crab, vegetable spagetti.	€23.95
Fish & chips 'our way' fresh cod, chunky chips & homemade tartar sauce.	€21.95
Roasted lamb cutlets sweet root vegetables, braised fondant & herb jus.	€25.95
Grilled fillet of salmon spinach, leek & truffle potato hotpot, citrus cream.	€22.95
Home made beef & stout pie	€19.95
Pan fried hake sour crushed potatoes, salad of beans & tomato oil.	€25.50
Irish cheese risotto slow baked tomatoes, rocket salad & onion essence.	€17.50
Clarion daily special	market price

All of the above are served with today's selection of vegetables and potatoes

Sides

Shoestring fries	€2.95
Asian vegetable stir fry	€2.95
Green onion mash	€2.95
Dressed tossed salad	€2.95
French onion rings	€2.95
Sautéed button mushrooms	€2.95

Desserts

Homemade bread and butter pudding vanilla seed ice cream.	€5.95
Selection of luxury ice cream wafer basket & brandy Anglaise.	€5.95
Classic strawberries and cream.	€6.95
Toffee gateaux apple confit & warm butterscotch.	€5.95
Selection of Irish cheese & crackers, peeled celery.	€8.95
Traditional salad of fruit maltesers ice cream.	€5.95

Coffee & Tea

Espresso A shot of very strong coffee, robust and full flavoured.	€2.50
Double espresso Twice as nice - double the strength and double the volume.	€3.50
Cafe latte Italian for 'coffee and milk' - frothy milk gently folded into a full bodied espresso.	€2.95
Cappuccino A strong espresso shot combined with smooth textured milk and sprinkled with chocolate.	€2.95
Americano A black coffee made using espresso beans mellowed with hot water - we serve ours using a double shot of espresso.	€3.10
Mocha A chocolate coffee drink: espresso, chocolate and textured milk.	€3.10
Caramel macchiato Sweet, milky and delicious, combining espresso, vanilla and milk, topped with caramel sauce.	€ 3.10
Vanilla latte A latte kissed with a hint of vanilla.	€3.10
Coffee Full flavoured robust coffee using espresso beans.	€2.50
Traditional teas	€2.25
Selection of speciality teas	€2.45

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